









## EcoVisio in Action - December - May 2023!



### Greetings, dear community!

The year 2023 is going by incredibly fast, with a multitude of events, opportunities and beautiful results! We are inviting you to discover the news from the last half of year and we, in exchange, promise to not send the newsletter so rarely anymore [

## News: stay informed!

Learn more about Agrifood department



#### larmarEco Christmas Edition

50 local and social producers participated in #larmarEco2022 Winter offering shoppers exclusive Christmas products - from food for the festive meal to



#### EcoVisio's results of 2022

The year 2022 was full of achievements and beautiful events, despite all the challenges. more sustainable and eco-friendly clothes or gifts for loved ones. Besides buying healthy gifts and treats, visitors also attended workshops on climate change, robotics and other topics. Read more here. We are glad that this year we were able to exchange smiles at EcoVisio events, beyond the masks, to show solidarity and provide a friendly and safe environment for refugees from Ukraine, to grow and promote the environmentally responsible community on an even larger scale, to educate ourselves to become resilient in the face of climate change. See <u>our post</u> to read the entire text.



### Workshop within the YES Clubs Initiative

A two-day workshop was held as part of the third edition of the YES Clubs Initiative. In the workshop held in Chisinau, 88 participants were involved, more precisely the leader and 2 young people from the community delegated by the 25 YES clubs. The young men and women participated in a series of participatory sessions, where they learned how to promote change at the local level. We have written more about it here.



# "Impact Day Brussels" and "Impact Week"

The period November 28 - December 4 passed under the slogan "Aspire to a Positive Impact!". The Social Entrepreneurship HUB's group of 10 people from different commercial and noncommercial sectors participated in several events in Brussels. We attended many sessions with a focus on developing innovation and entrepreneurial skills, talked about creating sustainable business models and got acquainted with examples of enterprises with social impact! See our post here.



# The energy and transport sector in overcoming the climate crisis

On December 19-20, around 50 people came to Digital Park to participate in the training and discussion sessions. Among



#### Impact Report's presentation

The end of 2022 was especially beautiful thanks to the Social Entrepreneurship department team, who developed a whole Impact Report! On December 21st, we met

the topics of discussion were: efficient thermal insulation and solutions for apartments, circular economy, energy efficiency indicators, access to green energy, waste incineration, etc. More information <a href="https://example.com/here/here/">here</a>.

at a networking evening where we presented this year's activities and highlights to members of the community. We are proud of ourselves. Proud of the community. And of the results with #IMPACT. See pictures here.



## Energy Security and Climate Resilience in rural Moldova

The "Energy Security and Climate Resilience in Rural Moldova" project, which is in its third edition, aimed to address the rural population in all 3 areas of Moldova (north, center, south) by offering training in the field and the opportunity to apply for a grant that would co-finance their investment in one of the 5 themes: Water Management, Thermal Insulation, Solar Energy, Reforestation, Waste Management and composting. Learn more <a href="here">here</a>.



#### "Centropa" newsletter



#### Training for teachers

In January, we gathered 17 educators who have previously attended our trainings and forums to delve deeper into the topic of skills. We have put a heavy emphasis on attitudes, because non-formal education provides fertile ground specifically for their development and shaping in a safe learning space. In the training, we addressed the topic of meaningful and effective communication, we explored attitudes



# Team retreat at EcoVillage Training Center

EcoVisio's team (a good part of it) took a break from filling in reports and escaped to the EcoVillage Training Center in Rîșcova, but this time not as organizers, but as real participants. For two days we left all work screens at the office in Chisinau, deadlines

towards diversity, some stereotypes and reiterated the importance of the question as an educational tool. We also discussed the factors that influence student learning success. More <a href="here">here</a>.

outside our interests, and we enjoyed the time spent together, as a team. More pictures <u>here</u>.



# Seminar: Soil - the basis of agriculture and gardening

On February 4, approximately 40 farmers, gardeners, agriculturists and gardening enthusiasts attended a soil training seminar. They learned, from experts in the field, how they can achieve even better, higher yields in dry years using only natural and ecological methods, such as mulching, compost, green manures, cover crops and crop rotation on tilled sites. More pictures and information here.



## Support for refugees from Ukraine in 2022-2023

Shortly after mobilization, we entered into successful partnerships with international organizations so that our impact is multiplied and authentic to the needs. For us, being an organization where the concept of sustainability is part of every project, it was necessary to make the transition from providing the vital needs of refugees to a long-term impact for the community (which included both refugees and host families). And because the war is not over yet, EcoVisio's support for refugees will continue. Read more here.



#### Youth exchange in Rakičan, Slovenia

Slovenia - the country that is more than half covered by forests - is also the one that hosted a team of motivated young people from Moldova, who, together with those from Armenia, Georgia, Italy and Serbia, took part in a youth exchange in Rakičan.



### Rotation of leguminous crops and greens in greenhouses and solar houses. Biodiversity

The training organized by Ecovisio with the financial support of IM Swedish Development Partners was attended by farmers who cultivate large areas, amateur gardeners, but also those who are curious

Between January 28 and February 5, 2023, the participants addressed topics related to the protection of the environment, but also the cultural diversity they represent, being from different countries. The project took place in the Rakičan Castle, with both outdoor and indoor interactive activities. Read more here.

to see with their own eyes if it is possible to grow vegetables in an ecological system. Vasile Niculiță organized the surfaces into 9 plots in order to be able to carry out crop rotation, which has the main purpose of avoiding plant diseases and pests and optimizing the presence of nutrients in the soil for each individual crop. See more <a href="https://example.com/here/beach/figures-to-see-more-t



# Impact Days 2023 - Social & Impact Business Summit

170 participants, 40 speakers, 6 discussion panels and 5 workshops - this was the first edition of Impact Days, the first summit in Moldova on Social, Green and Impact Economy, which lasted 2 days at Tekwill and Artcor. The purpose of the event was to encourage collaboration between people involved in an ecosystem, for impact investments ion a better future. We have also launched the Impact Fund - a new financial support tool for social enterprises and startups with social impact - and during the launch a Pitching session with entrepreneurs. See all pictures here.



# Spring camp for refugee children from Ukraine

Between May 11-14, at the "Prietenia" ("Friendship") camp in Coșnița commune, we organized the spring camp for kids. They enjoyed spending time outdoors and participated in educational activities about the environment. They also benefited from field trips and learned to work as a team. The children connected with nature and the forest in the region, got to try vegetarian food and even got to visit the circus. We wrote in more detail and included several pictures from the 4 days <a href="https://example.com/here/en/liber-prietries-new-mailto-fried-several-pictures-from-here-prietries-new-mailto-fried-several-pictures-from-here-prietries-new-mailto-fried-several-pictures-from-here-prietries-new-mailto-fried-several-pictures-from-here-prietries-new-mailto-fried-several-pictures-from-here-prietries-new-mailto-fried-several-pictures-from-here-prietries-new-mailto-fried-several-pictures-from-here-prietries-new-mailto-fried-several-pictures-from-here-prietries-new-mailto-fried-several-pictures-fried-sev

### Opportunities: get involved!

Read more



Webinar: Flexitarian / Vegetarian / Vegan - practical guide to plant-based nutrition

Do you want to try the vegetarian/vegan diet, but still have some doubts? Not sure



Training with the theme
"Establishment of an orchard.
Tree planting material"

We are back with a new training for

how to properly transition to eliminating animal products from your meals? Then we invite you to participate in our new webinar dedicated to this topic! More information here. farmers! This time we will be with the expert and trainer Sergiu Negrescu, who will provide us with practical information, recommendations and advice both for gardeners and for farmers wishing to establish orchards. Learn more about training <a href="https://example.com/here/be

### Useful resources

Find out more



Urban gardening is part of the landscape of a sustainable city, and Chisinau has no choice – it must become sustainable if it wants to continue to be livable. The unbearable heatwave, the monochrome sadness of urban infrastructure, the dying of chirping birds, the rift between city dwellers and nature – all these can be improved with the help of urban gardening. Learn more about this concept in the video "Urban gardening - adaptation to climate change".



Droughts and floods are sides of the same coin. They were so bad in recent years

because the soil has been damaged and destroyed by our aggressive agriculture, our concrete cities, the cutting down of trees and shrubs. We discussed this topic in the informative video from the project activEco: Sustainability in action.



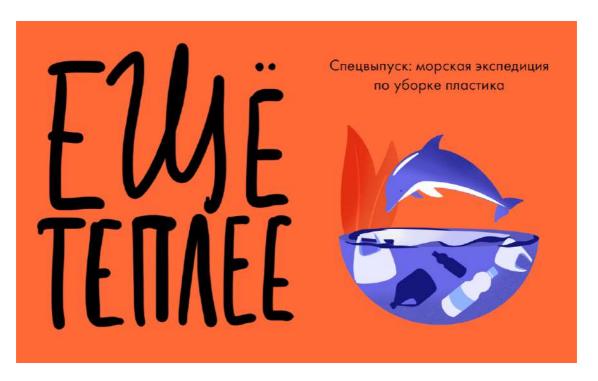
Social and Impact Entrepreneurship GALA at IarmarEco winter edition. Christmas atmosphere, impact and many people with big hearts! All these moments were presented in the video above, straight from the event.



How can we have a resilient city in the face of climate change? Is it possible not to drown in floods, and not to fry eggs on the asphalt during the heat wave? The sponge city is a concept from ecological urbanism, and it is a nature-based solution to the challenges of Climate Change. Many cities in the world have already started to transform their cities, prioritizing green and blue spaces (parks, forests, urban gardens) instead of sour spaces (everything paved, concreted and covered with waterproof materials). Learn more in this video.



As part of the DIY for Climate project, a guide of 10 DIY (Do it Yourself) methods of urban gardening has been developed. The guide is downloadable from our page. We invite you to use it and post about your results to normalize urban gardening! Discover the guide <u>here</u>.



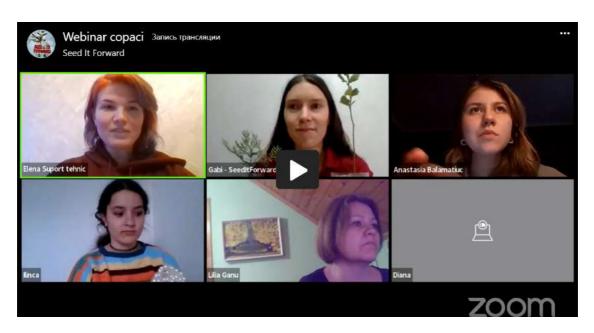
"Ещё теплее" ("Warmer") is the podcast of the "Ecoidea" school about life and ecology. It was created so that ecological issues can be discussed with different people. Ecological problems influence the life of each of us, even if it seems that it is not so. The podcast in the Russian language is available on multiple platforms and currently consists of 9 episodes. Listen the episodes <u>here</u>.

#### GHID METODOLOGIC pentru educație ecologică participativă



ecovisio

The "Methodological Guide for Participatory Environmental Education" is a method guide for interactive environmental education that can be used in classrooms or extracurricular activities. This guide contains a compilation of methods used by EcoVisio in ecological training from 2013 to 2023, which have been adapted for the context of formal education in Moldova. Access it here.



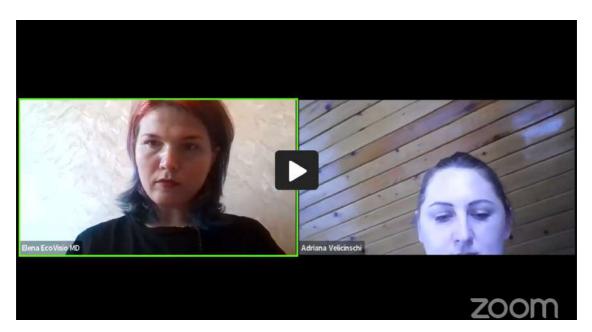
It seems everyone knows that trees are important, that they must be planted and protected. So why do we lack trees? This webinar addressed topics such as: With trees and without: what do they offer us?; What can happen to the planted trees?; When we plant; Where do we plant?; What do we plant?; How do we plant?; Who do we plant with? and mistakes to avoid.



In this video you can see how the marking of the Criuleni - Rezina route went, from one bridge to another. In this way we will be able to close the circle with a route on the other side of the Dniester river. The aim of the project is to motivate people to use the bicycle to discover the country in a healthy and ecological way. In each village through which the routes pass, there is a sign where you can find information about the specialties of the locality. Please use the hashtag #VeloNistru if you want to share the video  $\square \sigma$ 



Soil - our source of food. A healthy soil means health for plants, animals and, obviously, for us humans. The soil is a living and complex organism that needs an empathetic and rational behavior towards its resources and capabilities. How to become a friend of the soil? See in this short explanatory video.



At the webinar "Energy and transport - challenges and solutions" we explored the following aspects: why the energy and transport sectors are so important in solving the environmental crisis; what are the results of the round tables; identified challenges and opportunities; transport sector - what actions are needed; examples of other countries and cities; what opportunities and challenges are there in Moldova?; how can we create collaborations in this direction.



Impact Days is the first edition of the international conference in the Republic of Moldova, which brought together over 170 participants, including: investors, entrepreneurs, decision-makers, philanthropists and other representatives of the investment sector. The purpose of the event was to encourage collaboration between people involved in an ecosystem, for impact investments on a better future. See in this video how beautiful it was at the event and feel the impactful atmosphere!



## People of EcoVisio

Marina Cebanu coordinates PR and communication activities in the Social Entrepreneurship department . She is an involved, active young woman and a very curious nature (she always finds new projects to participate in, so that sometimes she spends weeks not being at home). In addition, Marina has a degree in psychology and will even graduate with a master's degree in organizational psychology in the next few days!

#### **EcoVisio**

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